

SSAA Secondary Road Race Championships 2022

Date : Wednesday 5th October 2022

Venue : Pittencrieff Park, Dunfermline

Events : This is a short distance road race for individuals with a Team element. There will be 9 races.

Race 1 – Girls (born on or after 1/03/10) – 1.5 miles – 12.30pm start

Race 2 – Boys (born on or after 1/03/10) – 1.5 miles – 12.45pm start

Declarations for these races close 12noon

Race 3 – Girls (born 1/03/09 – 28/02/10) – 1.5 miles – 1pm start

Race 4 – Boys (born 1/03/09 – 28/02/10) – 1.5 miles – 1.15pm start

Declarations for these races close 12.30pm

Race 5 - Para Athletes from P6 to U20 in education or training - 1 or 2 miles - 1.30 start

Declarations for this race close 12.30pm

Race 6– Girls (born 1/03/07 – 28/02/09) – 2 miles – 1.45pm start

Race 7 – Boys (born 1/03/07 – 28/02/09) – 2.5 miles – 2.05pm start

Declarations for these races close 1.15pm

Race 8 – Girls (born on or before 28/02/07) – 2.5 miles – 2.25pm start

Race 9 – Boys (born on or before 28/02/07)– 3 miles – 2.45pm start

Declarations for these races close 1.45pm

Awards : The runners finishing in 1st, 2nd & 3rd places in each race will receive a SSAA medal. An Age group trophy will be presented to the top placed team, with 4 runners to count. The trophy to be kept for one year.

Entry Conditions : A school may enter as many individuals as they wish, with the first 4 finishers counting towards the team award in each age group. The names & dates of birth of those being entered must be submitted on the entry form.

The Para event (race 5) is open to race bikes, race chairs and ambulant runners. Entries should be direct to Margaret McNally – theoaks4@aol.com The School does not have to be affiliated for these Athletes. Name, School/College & DoB and Classification must be included.

Entry for all other races is via the web site and must be made by 17/09/22 from an education email address.

Course : The course is at Pittencrieff Park mainly on 4m wide tarmac paths. Spikes must **NOT** be worn. There is limited parking in or near the park, with toilet facilities and indoor area to store belongings. There is no charge for entry but a Programme will be available to purchase.

Numbers: School envelopes with individual numbers will be issued at Declarations and must be worn on the FRONT of a Schools' vest. Club colours should not be worn. Please bring your own pins.

All Athletes will be issued with a unique Chipped Number to wear in their race. We are using an electronic system this year.

For this reason it is essential that each Athlete wears the correct allocated number

Each school must ensure that this is checked carefully when handing out the individual numbers that are inside their School Envelope.

We cannot accept responsibility for an individual result when the incorrect number is worn.

Entry fees: The entry fee per individual will be £ 8. All athletes must be entered as individuals (there is no team entry fee). On receipt of an entry, the School will be sent a confirmation to check. This must be acknowledged. Further details, invoice for entry fee and directions to the venue will be issued.

Please make cheques payable to the 'Scottish Schools Athletic Association' or 'SAAA', and send the cheque with the form issued on confirmation to the Convener, John Fleming, no later than 24th September 2022 (a week after the online closing date). BACS payments are acceptable but the form should still be returned as above.

Sort Code : 30-25-83, Acc no. : 00422248, use the reference number given in the invoice

Accompanying Adult: All schools must name an adult who is attending the event, in case of any emergency. All schools are asked to nominate an adult who must be prepared to officiate. This can be the same person who is already named previously. No experience is necessary.

Changing Facilities: All competitors will be accommodated within the Pavillion, but to help avoid congestion, it might be best if athletes could arrive already changed. Valuables should not be left in this area, and it must be left clean and tidy.

PACING OF AN ATHLETE IS NOT ALLOWED AND COULD LEAD TO DISQUALIFICATION

This includes running in the same direction as the race.