

The Scottish Schools' Athletic Association

Entry Standards for Indoor Championships [Reviewed 2018]

When making your entry, please pay particular attention to the younger athletes in both age groups, and ensure that they have met the required qualification.

UNDER 16 GIRLS

60m Hdls 10.30 [75mH- 13.00]

60m 8.65 [100m-14.00]

200m 28.30

300m 47.00

800m 2.35.00

1500m 5.30.00

High Jump 1m.35
[Starting Height 1m.30]

Long Jump 4m.70

Triple Jump

Shot 7m.50

Pole Vault 2m.20
[Starting Height 2m]

OVER 16 GIRLS

60m Hdls 10.00 [80mH-13.80]

60m 8.50 [100m-13.80]

27.50

46.50

2.30.00

5.10.00

1m.45
[Starting Height 1m.35]

4m.80

8m50

8m.50

2m.40
[Starting Height 2m.20]

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When making your entry, please pay particular attention to the younger athletes in both age groups, and ensure that they have met the required entry qualifications.

UNDER 16 BOYS

60m Hdls 10.00 [80mH-14.00]

60m 7.90 [100m-13.10]

200m 26.30

300m 39.50

800m 2.25.00

1500m 4.55.00

High Jump 1m.50
[Starting Height 1m.40]

Triple Jump

Long Jump 5m

Shot 9m.50

Pole Vault 2m.30
[Starting Height 2m.20]

OVER 16 BOYS

9.60 [100mH-15.60]

7.65 [100m-12.60]

25.00

56.00

2.15.00

4.35.00

1m.65
[Starting Height 1m.60]

11m

5m40

10m

2m.80
[Starting Height 2m.60]