

INDOOR TRACK & FIELD CHAMPIONSHIPS KELVIN HALL – THURSDAY 9th FEBRUARY 2012

Thank you for entering the 2012 Schools' Indoor Track & Field Championships.

Please **do not** arrive at the Kelvin Hall before 9.30 am. Changing accommodation will be limited because of the large entry. If possible, athletes should come changed and keep their bags with them at all times. Athletes are also advised to bring their own food and drink as it is risky to leave the arena in case a heat or semi final is missed. It is advisable to bring **still** bottled water because dehydration can be a problem in the Kelvin Hall environment.

Competitors' Numbers.

Competitors' numbers should be collected **just inside the entrance to the arena**. Safety pins are not provided. Athletes must wear their school number on the front and back of their school, International or plain vest. Please note that Club vests must not be worn.

Declarations.

The Declarations area is **also just inside the entrance to the arena**.

COMPETITORS MUST DECLARE FOR BOTH TRACK AND FIELD EVENTS.

PLEASE DO THIS AS SOON AS YOU ARRIVE, BUT NO LATER THAN 1 HOUR BEFORE THE START OF YOUR EVENT.

DECLARATIONS WILL CLOSE FOR THE MORNING EVENTS AT 12 NOON AND AT 2 PM FOR THE AFTERNOON EVENTS.

The programme does not show the heats but the names of the competitors in school order. Names of competitors in semi finals and finals will be posted under the Recorders' and Announcers' stand. The qualifications for semi finals and finals will be given to the Marksmen. It is really important that all athletes listen to this qualification.

Track Event Assembly Areas will be identified on the day. Please listen to announcements and report to the appropriate assembly point when called.

Field athletes should report to the **Chief Judge** at the appropriate area as soon as their event is called.

Long Jump and Shot Putt competitors will be given three trials, with the best eight being awarded a further three trials. Athletes competing in the Long Jump must be able to achieve the entry standard.

High Jump is to completion. If an athlete is entered for a Track event and a Field event at the same time, she/he should report to both sets of Judges, but track events take precedence.

A copy of last year's programme is attached for guidance only. While the order of events will not be changed, the starting times are only approximate and may vary on the day. Please check the website (www.saa.co.uk) before the Championships for an updated timetable.

Only when all entries have been received, will it be known if semi finals are needed.

If any event, on the day does not require heats, **THEN THE FINAL WILL BE RUN IN HEAT TIME.**

Should there be a large number of entries for any event over 400m there will be an A & B Final rather than semi finals.

After completion of each final, the 1st, 2nd and 3rd placed athletes will be taken to the Winners' dais for medal presentations.

PLEASE BE AWARE THAT PARKING IS EXTREMELY DIFFICULT, IF NOT IMPOSSIBLE, IN THE VICINITY OF THE KELVIN HALL. LEAVE PLENTY OF EXTRA TIME SO THAT ATHLETES FOR ALL EVENTS ARE ABLE TO DECLARE IN TIME.

**MORNING DECLARATIONS CLOSE AT 12 NOON
AFTERNOON DECLARATIONS CLOSE AT 2. 00 PM.**