



Assemble	Time	Age/Gender	Event	
<b>Field</b>				
<b>09:15</b>	09:30	All Male	Hammer	
<b>09:30</b>	10:00	U18/20 Women	High Jump	
<b>09:30</b>	10:00	U18/20 Men	Shot	incl Para
<b>09:30</b>	10:00	U16 Boys	Long	
<b>10:25</b>	10:40	U14 Boys	Shot	Pool 1
<b>10:25</b>	10:40	U14 Boys	Shot	Pool 2
<b>10:30</b>	10:45	All Female	Hammer	
<b>11:25</b>	11:40	U14 Girls	Shot	Pool 1
<b>11:25</b>	11:40	U14 Girls	Shot	Pool 2
<b>11:30</b>	11:45	U16 Girls	High Jump	Pool 1 & 2
<b>11:45</b>	12:00	U14 Boys	Long	Pool 1
<b>12:15</b>	12:30	U18/20 Men	Long	
<b>12:35</b>	12:50	U14 Boys	Long	Pool 2
<b>12:55</b>	13:10	U18/20 Women	Long	
<b>12:55</b>	13:10	U16 Boys	Shot	
<b>13:55</b>	14:10	U14 Girls	Long	Pool 2
<b>13:55</b>	14:10	U16 Girls	Shot	Pool 2
<b>13:55</b>	14:10	U16 Girls	Long	Pool 1
<b>15:15</b>	15:30	U14 Girls	Long	Pool 1
<b>15:15</b>	15:30	U16 Girls	Shot	Pool 1
<b>15:15</b>	15:30	U16 Girls	Long	Pool 2
<b>16:15</b>	16:30	U18/20 Women	Shot	

Combined Event Athletes: All times after the first event are approx.  
Please listen to all announcements!



Assemble	Time	Age/Gender	Event	
<b>Track</b>				
<b>09:30</b>	09:45	Para	100m	
<b>09:45</b>	10:00	U16 Girls	80H	
<b>10:15</b>	10:30	U14 Girls	100m	
<b>11:05</b>	11:20	U14 Boys	100m	
<b>11:35</b>	11:50	U20 Men	110H	
<b>11:35</b>	11:50	U18 Men	110H	
<b>11:55</b>	12:10	U20 Women	100H	
<b>11:55</b>	12:10	U18 Women	100H	
<b>12:15</b>	12:30	U16 Boys	100H	
<b>12:45</b>	13:00	Primary Girls	4 X 100m	Round 1
<b>13:05</b>	13:20	Primary Boys	4 X 100m	Round 1
<b>13:25</b>	13:40	U18 Men	1500M S/C	
<b>13:35</b>	13:50	U18/20 Women	1500M S/C	
<b>13:45</b>	14:00	Para	200M	
<b>13:55</b>	14:10	U18 Men	200M	
<b>13:55</b>	14:10	U20 Men	200M	
<b>14:15</b>	14:30	U16 Boys	200M	
<b>15:05</b>	15:20	Primary Girls	4 X 100m	Round 2
<b>15:25</b>	15:40	Primary Boys	4 X 100m	Round 2
<b>15:25</b>	15:40	U16 Boys	800M	
<b>15:55</b>	16:10	U14 Boys	600M	
<b>16:05</b>	16:20	Primary Girls	4 X 100m	Final
<b>16:15</b>	16:30	Primary Boys	4 X 100m	Final
<b>16:45</b>	17:00	U18/20 Men	1500M	
<b>17:05</b>	17:20	U18/20 Women	800M	
<b>17:15</b>	17:30	U16 Girls	800M	
<b>17:35</b>	17:50	U14 Girls	600M	