

## The Scottish Schools' Athletic Association

### Entry Standards for Indoor Championships [Reviewed 2017]

**When making your entry, please pay particular attention to the younger athletes in both age groups, and ensure that they have met the required qualification.**

#### UNDER 16 GIRLS

60m Hdls	10.30	[75mH- 13.00]
60m	8.65	[100m-14.00]
200m	28.30	
300m	47.00	
800m	2.35	
1500m	5.30	
High Jump	1m.35	[Starting Height 1m30]
Long Jump	4m.70	
Triple Jump		
Shot	7m.50	
Pole Vault	2m.20	[Starting Height 2m]

#### OVER 16 GIRLS

	10.00	[80mH-13.80]
	8.50	[100m-13.80]
	27.50	
	46.50	
	2.30	
	5.10	
	1m.45	[Starting Height 1m.35]
	4m.80	
	8m50	
	8m.50	
	2m.40	[Starting Height 2m.20]

#### UNDER 16 BOYS

60m Hdls	10.00	[80mH-14.00]
60m	7.90	[100m-13.10]
200m	26.30	
400m	58.00	
800m	2.25	
1500m	4.55	
High Jump	1m.50	[Starting Height 1m.40]
Triple Jump		
Long Jump	5m	
Shot	9m.50	
Pole Vault	2m.30	[Starting Height 2m.20]

#### OVER 16 BOYS

	9.60	[100mH-15.60]
	7.65	[100m-12.60]
	25.00	
	56.00	
	2.15	
	4.35	
	1m.65	[Starting Height 1m.60]
	11m	
	5m40	
	10m	
	2m.80	[Starting Height 2m.60]