

# SSAA Competition Age Groups Dates of Births for 2017/18

## Secondary Road Race Championships (October)

S1	Born on or after 1/03/05
S2	Born between 1/03/04 & 28/02/05
S3/4	Born between 1/03/02 & 28/02/04
S5/6	Born before 29/02/02

## Indoor Championships (February)

Over 16	Born on or before 31/8/02
Under 16	Born on or after 1/9/02

## Cross Country Championships (March)

Group A (Over 17)	Born on or before 31/8/01
Group B (Under 17)	Born between 1/9/01 and 31/8/03
Group C (Under 15)*	Born between 1/9/03 and 31/12/04
Group D (Under 14)*	Born on or after 1/1/05

\* Different from Track and Field dates of birth

## Outdoor Track and Field Championships (June)

Group A (Over 17)	Born on or before 31/8/01
Group B (Under 17)	Born between 1/9/01 and 31/8/03
Group C (Under 15)	Born between 1/9/03 and 31/8/04
Group D (Under 14)	Born on or after 1/9/04